

Meals are subject to change

Semcac Senior Nutrition

December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken ala King Over Biscuit Seasoned Peas Coleslaw Mixed Fruit Cup</p>	<p>3</p> <p>Pork Steak Dressing Asparagus Cinnamon Applesauce Cookie or Bar</p>	<p>4</p> <p>Tomato Barley Soup Crackers Egg Salad Sandwich Five Cup fruit Salad Peanut Butter Brownie</p>	<p>5</p> <p>Meat Lasagna Tossed Salad Orange Wedges Garlic Bread Moon Cake</p>	<p>6</p> <p>Kielbasa Baked Potato/Sr Cream Carrots Fresh Banana</p>
<p>9</p> <p>Meatloaf Mashed Potatoes/Marg Stewed Tomatoes Fruit Cup</p> <p>Music by Accordions on Fifth</p>	<p>10</p> <p>Spaghetti & Meat Sauce Tossed Salad w/Dressing P/A Rings w/Cottage Ch Garlic Bread Cookie or Bar</p>	<p>11</p> <p>Roast-Beef Sandwich Boiled Potatoes Broccoli/Cauliflower Oatmeal Choc Chip Bar</p>	<p>12</p> <p>Hawaiian Chicken Rice Pilaf Green Beans Orange Wedge Pudding</p>	<p>13</p> <p>Baked Fish w/Tartar Sauce Oven Brownd Potatoes Parslied Carrots Mandarin Orange Dessert</p>
<p>16</p> <p>Hamburger on a Bun w/ pickle/onion/tomato/ketchup/mustard Roadside Potatoes Baked Beans w/Apples Fresh Fruit</p>	<p>17</p> <p>Hot Turkey over Bread/w Gravy Mashed Potatoes Buttered Beets Pumpkin Bar</p>	<p>Christmas Dinner 18</p> <p>Baked Ham Baked Sweet Potato Green Beans w/Mushrooms Peppermint Ice Cream w/ Christmas Cookie</p>	<p>19</p> <p>Chef Salad – Lettuce, Tomato, Cuke, Boiled Egg Ham, Cheese Hawaiian Cake</p>	<p>20</p> <p>Seashore Tuna Casserole Mixed Green Salad Tomato Wedge Muffin w/Margarine Moon Cake</p>
<p>23</p> <p>CLOSED WINTER HOLIDAY</p>	<p>24</p> <p>CLOSED WINTER HOLIDAY</p>	<p>25</p> <p>CLOSED WINTER HOLIDAY</p>	<p>26</p> <p>Salisbury Steak Hashbrown Augratin Pot Whole Kernel Corn Fresh Oranges</p>	<p>27</p> <p>BBQ Pork Loin Baked Potato/Sour Cream Calico Beans Rocky Road Pudding</p>
<p>30</p> <p>Swiss Steak w/Gravy Mashed Potatoes w/Gravy Corn Pineapple/Pear/Peach Cup</p>	<p>31</p> <p>Hamburger Veg Soup Crackers Egg Salad Sandwich Pear Cup Flavored Ice Cream</p>	<p>PLEASE--- MAKE MEAL RESERVATIONS OR CANCELLATIONS 24 HOURS IN ADVANCE THANK YOU!!</p>	<p>Dining Room Serves at 11:30am Drive up Curbside pickup from 11:45-Noon Monday-Friday</p>	<p>In inclement weather: Please visit www.semcac.org or visit our FB page or call 507-864-8231</p>

Supplier Inventory and Supply Chain difficulties continue to make a few changes to our menu likely.

24 HOUR ADVANCE ORDER REQUIRED: Call 507.332.7357 / Sign-up for Christmas Dinner by Friday, December 13th