



Meals are subject to change

Semcac Senior Nutrition

DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National Pie Day 1 Chicken Ala King over Biscuit Seasoned peas Coleslaw Dutch Apple Pie	2 Pork Loin Dressing with Gravy Asparagus Mixed Fruit Cup Peanut Butter Brownie	3 Tomato Bisque Soup w/ Crackers Egg Salad Sandwich Five Cup Fruit Salad Moon Cake	National Cookie Day 4 Meat Lasagna Tossed Salad Orange Wedges Garlic Bread Cookie	5 Kielbasa Baked Potato/Sour Cream Carrots Fresh Apple
National Brownie Day 8 Meat Loaf Mashed Potatoes w/Marg Stewed Tomatoes Brownie Bar	9 Hawaiian Chicken Rice Pilaf Green Beans Orange Wedges Pudding	10 Roast Beef on a Bun Boiled Potatoes Broccoli/Cauliflower Oatmeal Choc Chip Bar	11 Spaghetti & Meat Sauce Tossed Salad P/A Rings w/Cottage Ch Garlic Bread Bar	12 Baked Fish w/Tartar Sauce Oven Brownd Potatoes Parslied Carrots Mandarin Orange Dessert
National Cupcake Day 15 Hamburger on a Bun Pickle/Onion/Tomato/Ketchup Roadside Potatoes Baked Beans w/Apples Cupcake	Monthly Birthday Party 16 Entertainment by Accordion on Fifth Chef Salad: Ham Boiled Egg-1/2 Lettuce/Tomato Wedge Cheese/Croutons Cake and Ice cream (For Dine-in)	17 Hot Turkey Over Bread with Gravy Mashed Potatoes Buttered Beets Pumpkin Bar	Christmas Menu 18 National Ugly Christmas Sweater Day Baked Ham Sweet Potatoes Green Beans w/Pimento Peppermint Ice Cream Small Christmas Cookie	National Oatmeal Muffin Day 19 Seashore Tuna Casserole Mixed Green Salad Tomato Wedge Muffin w/Marg Fresh Fruit
22 Swiss Steak with Gravy Mashed Potatoes w/Gravy Corn Pineapple/Pear/Peach cup	23 BBQ Pork Loin Baked Potato/Sour Cream Baked Beans Rocky Road Pudding	Christmas Eve 24 Semcac Closed Winter Holiday NO MEALS	Christmas 25 Semcac Closed Winter Holiday NO MEALS 	Semcac Closed 26 Winter Holiday NO MEALS In inclement weather: Please visit www.semcac.org or visit our Facebook page or call 507-864-8231
29 Chicken Breast Baked Dumpling w/Gravy Asparagus Coleslaw Mandarin Orange Dessert	30 Salisbury steak Hashbrown AuGratin Potatoes Whole Kernel Corn Walnut Dream Bar	New Year's Eve 31 Ham & Cheese Egg Bake Muffin w/Margarine Yogurt Fruit Cup Crumb Cake	January 1 CLOSED 	January 2 CLOSED

In Inclement weather: Please visit www.semcac.org or visit our Facebook page or call (507) 864-8231

Meal: \$5.00 Suggested Donation - **24 HOUR ADVANCE NOTICE ORDER OR CANCELLATION REQUIRED**

Call (507) 332-7357, Ask for Danielle Cross or Kitchen at (507) 332-7680 for Dining Room or Curbside. Meal on Wheels call Sarah Kuball at (507) 412-7807