

Meals are subject to change

## Semcac Senior Nutrition

**APRIL 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>In inclement weather:</b> Please visit <a href="http://www.semcac.org">www.semcac.org</a> Or visit our Facebook page Or call 507-864-8231</p>	<p>Dining Room serves at 11:30 a.m.</p> <p>Drive-up Curbside pick-up from 11:45 a.m. – Noon Monday - Friday</p>	<p><b>April Fool's Day 1</b></p> <p>Cheese &amp; Ham Strata Muffin w/Marg Yogurt Fruit Cup Crumb Cake</p> <p style="text-align: center;">(11:15 a.m. 2 Games Bingo)</p>	<p><b>2</b></p> <p>Hamburger Veg Soup Crackers Egg Salad Sandwich Pear/Grape Cup Flavored Ice Cream</p>	<p><b>Good Friday 3</b></p> <p style="text-align: center;"><b>CLOSED SPRING HOLIDAY</b></p>
<p><b>Easter Monday 6</b></p> <p>Hamburger Gravy over Mashed Potatoes Parslied Carrots Apple Cranberry Crisp with Whipped Topping</p>	<p><b>National Coffee Cake Day 7</b></p> <p>Taco Casserole Mexican Corn Corn Bread w/Marg Cherry Coffee Cake with Whipped Topping</p>	<p><b>8</b></p> <p>Baked Ham Baked Sweet Potato Green Bean Casserole Lemon Chiffon Pie</p> <p style="text-align: center;">(11:15 a.m. 2 Games Bingo)</p>	<p><b>9</b></p> <p>Garlic Seasoned Pork Loin Oven Roasted Potatoes Green Beans/Mushrooms Muffin w/Marg Baked Apple</p>	<p><b>10</b></p> <p>Vegetable Soup Crackers Egg Salad on Bun Macaroni Fruit Salad Oatmeal Cake</p>
<p><b>13</b></p> <p>Swedish Meatballs Mashed Potatoes w/Marg Herbed Green Beans Mixed Fruit Cup</p>	<p><b>14</b></p> <p>Salisbury Steak Mashed Potatoes Brussel Sprouts Flavored Ice Cream</p>	<p><b>National Banana Day 15</b></p> <p>Goulash 3-Bean Salad Beet Pickles Garlic Bread Fresh Banana</p> <p style="text-align: center;">(11:15 a.m. 2 Games Bingo)</p>	<p><b>16</b></p> <p>Creamed Chicken over Biscuit Diced Carrots 7-Layer Salad Gingerbread Cake</p>	<p><b>17</b></p> <p>Breakfast Wrap Sausages Fruit Cup Chocolate Chip Muffin</p>
<p><b>20</b></p> <p>Chicken Breast Mashed Potatoes w/Gravy Broccoli Blushing Pears</p>	<p><b>Monthly Birthday Celebration 21</b></p> <p>Roast Beef Mashed Potatoes w/Gravy Harvard Beets Cake and Ice Cream (Dine-in)</p>	<p><b>Earth Day 22</b></p> <p>Cream of Broccoli Soup Crackers Chicken Salad on Bun Strawberry Short Cake/Topp</p> <p style="text-align: center;">(11:15 a.m. 2 Games Bingo)</p>	<p><b>National Picnic Day 23</b></p> <p>BBQ on Bun Oven Browned Potatoes Baked Beans Apple Crisp w/Whpd Topping</p>	<p><b>24</b></p> <p>Beef Stew Seafoam Salad Corn bread w/Marg Rice Krispie Bar</p>
<p><b>27</b></p> <p>Swiss Steak in Tomato Sc Baked Potato Mixed Vegetables Orange/Pear Cup</p>	<p><b>28</b></p> <p>Roast Pork Mashed Potatoes/Gravy Squash Fruit Cocktail Cake</p>	<p><b>29</b></p> <p>Chicken Alfredo Lasagna Mixed Green Salad Garlic Bread Pineapple Slices Pudding</p> <p style="text-align: center;">(11:15 a.m. 2 Games Bingo)</p>	<p><b>National Oatmeal Cookie Day 30</b></p> <p><b>Taco Salad:</b> Taco Meat Sr Cr/French Dress/Salsa Salad mix/Shred Cheese Diced Tomatoes/Tost Chp Creamy Corn Casserole Oatmeal Cookie</p>	

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Meal: \$5.00 Suggested Donation – **24 HOUR ADVANCE NOTICE OR CANCELLATION REQUIRED**

Call (507)332-7357 ask for Danielle Cross or Kitchen at (507)332-7680 for Dining Room or Curbside. For Meals on Wheels call Sarah Kuball at (507)412-7807